



Visit your local
Compassionate
Café

Are you looking after someone that is dying? Are you bereaved? Or are you living with a life limiting illness? Need someone to talk to?

A Compassionate Café is a friendly welcoming place to have a cup of tea or coffee with a **Compassionate Friend** who is there for company and to lend a friendly ear.

Whether you are **going through a bereavement** or **living with a life limiting illness**, Compassionate Cafés provide a place where you will be listened to and a place to stay connected with others. **Look out for the starfish logo!**

Check out details of our Compassionate Café below.

